



NORTHUMBERLAND *CLASSIC*

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SATURDAY MAY 25, 2019

Technical Guide (April 2019) V5

Northumberland Heights Climb
Presented by:

Hard Packed Dirt Section
Presented by:

Support Provided by:

Media Partner:



GENERAL INFORMATION

Course: The course consists of a 16.5km loop in addition to a 3km out and back from the main loop. Each loop has over 225 meters of elevation and contains a small strip of hard-packed dirt road. Yellow Line Rule will be strictly enforced. Riders will be required to stay to the right of the middle of the road on roads that do not have a yellow line.

Parking: Located at the Baltimore Recreation Complex.

Feed Zone: Riders will be instructed prior to the start of race of what lap feeding is allowed. The feed zone is located at the top of Northumberland Heights Road.

Registration: Located at the Baltimore Recreation Complex.

Pre-Riding: There won't be any pre-riding opportunities.

Questions: Please read the tech guide thoroughly and direct any questions to Greg Rawson at performancedrivenevents@gmail.com



REGISTRATION INFORMATION

Registration will take place at the Baltimore Recreation Complex underneath the Centurion tents. Please check the schedule to confirm your sign-in time for each event and your race time.

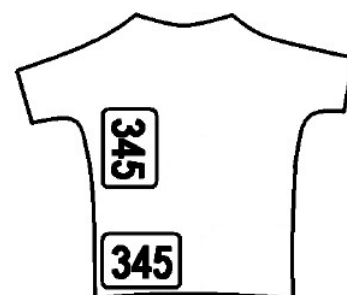
	U19 / Sportif	19+
Early Bird Registration (April 1 - April 15)	\$35 + HST	\$75 + HST
Online Registration (April 16 - April 30)	\$45 + HST	\$80 + HST
Online Registration (May 1 - May 23)	\$55 + HST	\$85 + HST
Day of Registration	Not Permitted	

Pre-registration available online at CCN

- All participants must hold a valid UCI racing licence.
- The above prices exclude CCN fees.

Number Placement

See image for bib number placement for the race:



SCHEDULES/CATEGORY

Road Race

Category	Registration	Start Time	Distance	Laps	Est. Time	Est. Climbing
Elite 4 Men	7:00	8:30	72 km	4	2:00	900 m
Master 3 Men	7:00	8:33	72 km	4	2:00	900 m
Elite 3 Women	7:00	8:34	72 km	4	2:00	900 m
Master Women	7:00	8:34	72 km	4	2:00	900 m
Elite 3 Men	8:30	11:00	88.5 km	5	2:00	1125 m
Master 2 Men	8:30	11:02	88.5 km	5	2:00	1125 m
Elite 1/2 Women	8:30	11:04	88.5 km	5	2:20	1125 m
Elite 1/2 Men	11:00	1:45	140 km	8	3:30	1800 m
Master 1 Men	11:00	1:48	105 km	6	2:40	1350 m
Sportif	11:00	1:50	52.5 km	3	2:30	675 m

EQUIPMENT: The wearing of an approved helmet is mandatory. UCI Rule 1.3.018 states that: Only wheel designs granted prior approval by the UCI may be used.

Only standard handlebars are permitted. Handlebar extensions, including time-trial bar extensions or other types of tri-bars, are not permitted. Only bicycles conforming to UCI rules 1.3.001 - 1.3.025 are permitted for use.

GEARING: NEW! Juniors and upgraded Cadets racing in Elite categories will not be required to race in Junior gears at any O-Cups in 2019.

POINTS: The breakdown of O-Cup points is as follows for each category:

Placing	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th
Points	25	20	16	13	11	10	9	8	7	6	5	4	3	2	1

AWARDS

Awards will be given out shortly after the finish of each event. No hats or sunglasses permitted. Prize list will be posted event day at registration.

COURSE MAP



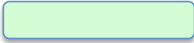




Distinguishing Feature: there is a hard-packed dirt section, roughly 400m in length, at the top of Northumberland Heights Road climb. Prepare for some fun potholes and gravel.

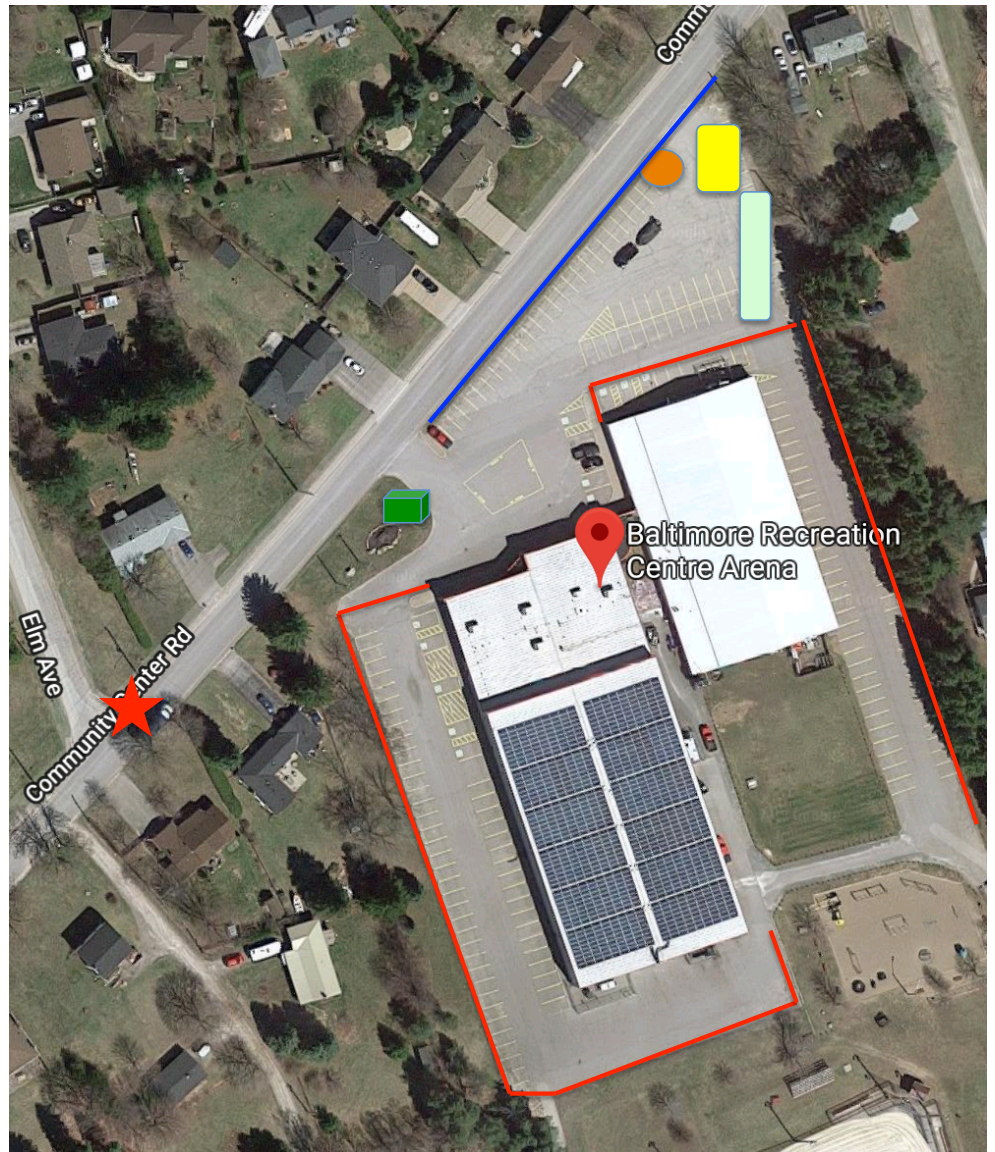


COURSE ELEVATION



START / FINISH

-  Athlete Parking
-  Registration Tent (10x10)
-  Portable Toilets
-  Timing Stand
-  Crowd Control Barriers
-  OPP Officer
-  Podium



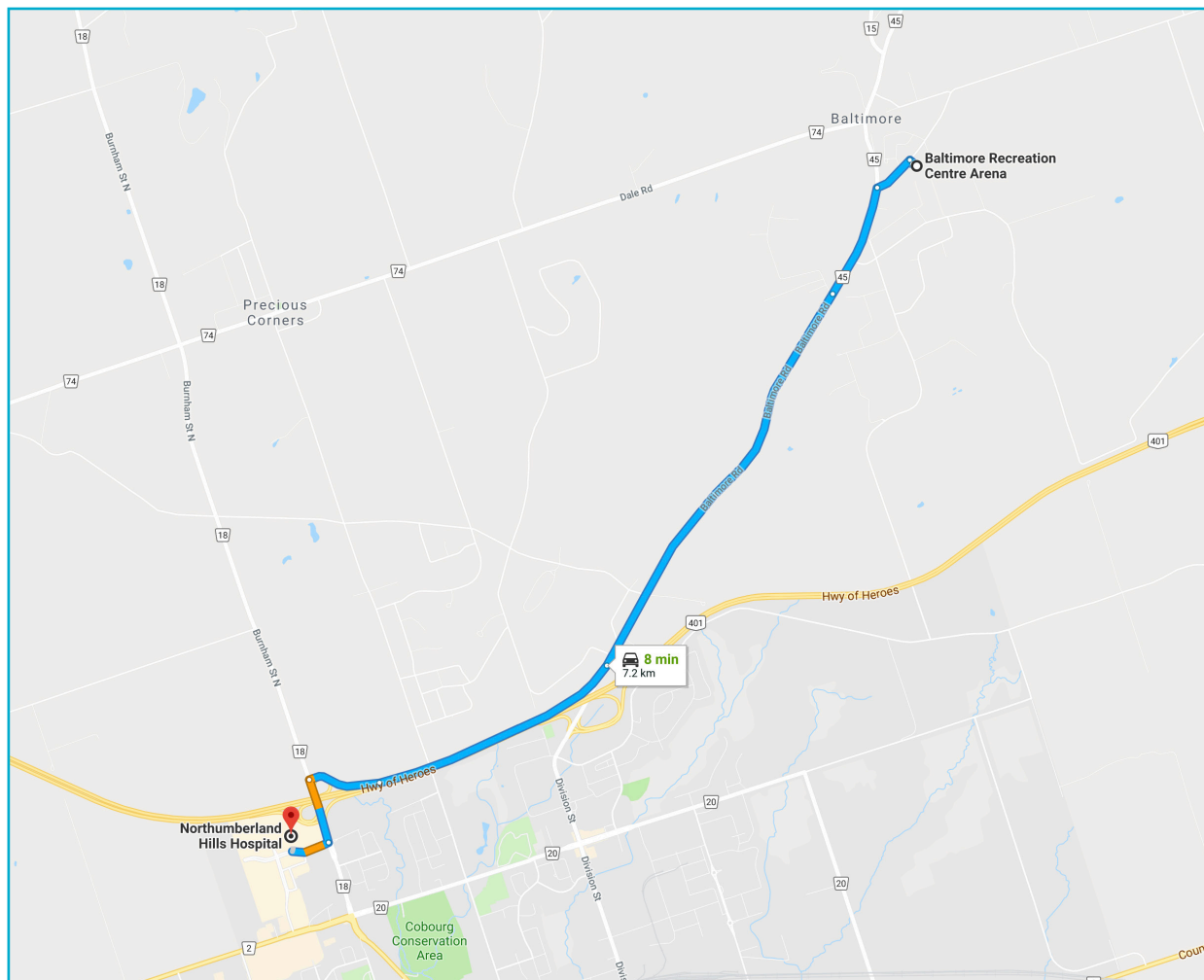
Please pay attention to signs on property for where to go/park.
Please, enter the facility from highway 45.

COURSE SAFETY

Medical is being supplied by Odyssey Medical, anyone seeking medical assistance should go to the start finish area.

DIRECTIONS TO NEAREST HOSPITAL

Northumberland Hills Hospital - 1000 Depalma Dr, Cobourg, ON K9A 5W6



- Take Community Center Rd to Route 45
- Take Baltimore Rd and ON-401 W to Depalma Dr in Cobourg
- Turn right onto Depalma Dr

RACE RULES

- Rider number placement is rear left and side left.
- Yellow Line Rule will be strictly enforced. Riders will be required to stay to the right of the middle of the road on roads that do not have a yellow line.
- Find CCA/OCA rules online at www.ontariocycling.org/commissaires/commissaires-rules. The penalty scale of the OCA rule book will apply.
- An OCA representative will be present at the race to assist with rider licensing issues. Non-Member Permits available for Sportif category only. There are no plans to sell UCI licenses on race day. Contact the OCA for more details.
- Races will start promptly at the indicated start times.
- Team vehicles will not be permitted on the course for any event. Only race organization vehicles are allowed on the race course during competition. All other vehicles /team vehicles are not permitted to follow the races while in progress.
- Any rider dropping out of the race shall immediately notify a Commissaire.
- For the road race, there are no free laps for mishaps (e.g. crashes and punctures). Riders suffering mishaps will be serviced from the service vehicles and must continue the race from the point of the mishap.
- In the event of a mishap, riders are strictly forbidden from drafting behind vehicles for lengthy periods in attempting to catch up to their group. Such drafting may result in disqualification.
- In cases where more than one group is on the course at the same time, riders must remain separate when overtaking or being overtaken by riders from other groups.
- Lapped riders may be pulled at the order of the Commissaires, either after being overtaken or just before being overtaken. Otherwise, dropped riders must remain separate, even when being overtaken by riders in their own category.
- Riders who are dropped from the main bunch must proceed at their own risk and shall always ride on the right side of the road with the flow of traffic.
- Radio communication is not permitted between riders and anyone else.
- All riders within a category will finish on the same lap. Therefore, lapped riders will complete fewer laps than the winner.
- Top 3 finishers are required to attend award presentations or risk forfeiting their awards. Top 3 finishers will wear clean competition uniforms for the presentation.
- If you drop out of a race and do not report it to a Commissaire you will be considered an unreported DNF and **will be assessed a penalty**. Please refer to commissaire guidelines.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. **There are no refunds if the race must be cancelled for any reason, including disqualification.**

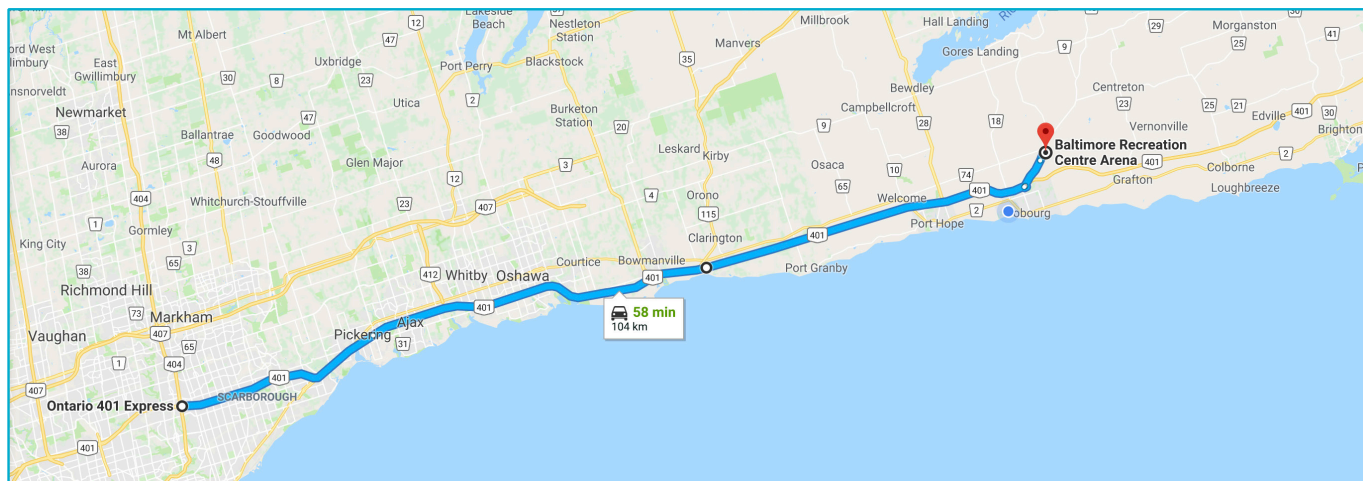
- All riders must sign in at registration.
- U.S. Domestic Licences are not accepted at any Ontario events. U.S. riders will require a UCI International Licence to participate in any Ontario events.
- All foreign licensed riders other than U.S. riders must produce a letter of permission from their country's federation.

EQUIPMENT RULES

- UCI Rule 1.3.018: Only wheel designs granted prior approval by the UCI may be used. Consult the list of approved non-traditional wheels at www.uci.ch/english/about/wheels.html
- Only standard handlebars are permitted. Handlebar extensions, including time-trial bar extensions or other types of tri-bars, are not permitted.
- Only bicycles conforming to UCI rules 1.3.001 - 1.3.025 are permitted for use.
- Riders are required to wear jerseys corresponding to the club or team printed on their licence.
- Independent riders are required to wear plain-coloured jerseys with no significant logos, team names or advertising displayed on them.
- Sleeveless jerseys are not permitted.
- Riders will be issued numbers free of charge at sign in / registration, please ensure they are positioned as per the "Number Placement" section of this document (page 2).
- Neutral service vehicles will be supplied by the organization and assigned to follow every race.
- Riders are encouraged to bring their own spare wheels to be placed in the service vehicles before the start of their race. Wheels must be clearly marked with the rider's number or with the rider's team name if it is intended for use by any member of a particular team. Although efforts will be made to provide a rider's own spare wheels in the event of a mishap, in the interests of servicing a rider quickly, service vehicles may supply wheels at random. The organization is not responsible for damage to wheels, even resulting from use by other riders.
- Per CCA rule 1.3.031 N):
 - » At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this, such as a manufacturer's label, upon request by event officials.
- Gear restrictions will be in effect for Juniors.
- The use of glass containers is strictly prohibited during the race.
- Disc brakes are permitted.

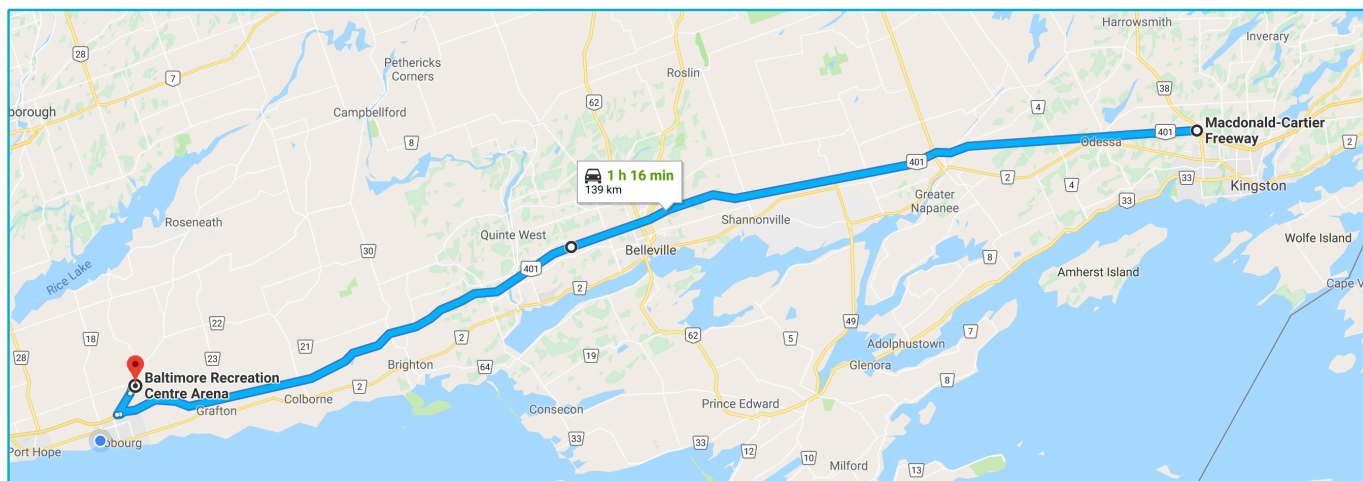
DIRECTIONS TO EVENT

401 East



- Head east on Ontario 401 Express
- Take exit 474 for Northumberland 45 toward Cobourg/Norwood
- Merge onto Baltimore Rd/Cst Chris Garrett Memorial Bridge
- Continue to follow Baltimore Rd
- Continue onto Route 45
- Turn right onto Community Center Rd

401 West



- Head west on ON-401 W
- Take the Baltimore exit toward Cobourg
- Turn right onto Baltimore Rd
- Continue onto Route 45
- Turn right onto Community Center Rd

Baltimore Recreation Centre Arena
23 Community Centre Rd.
Baltimore, ON K0K 1C0