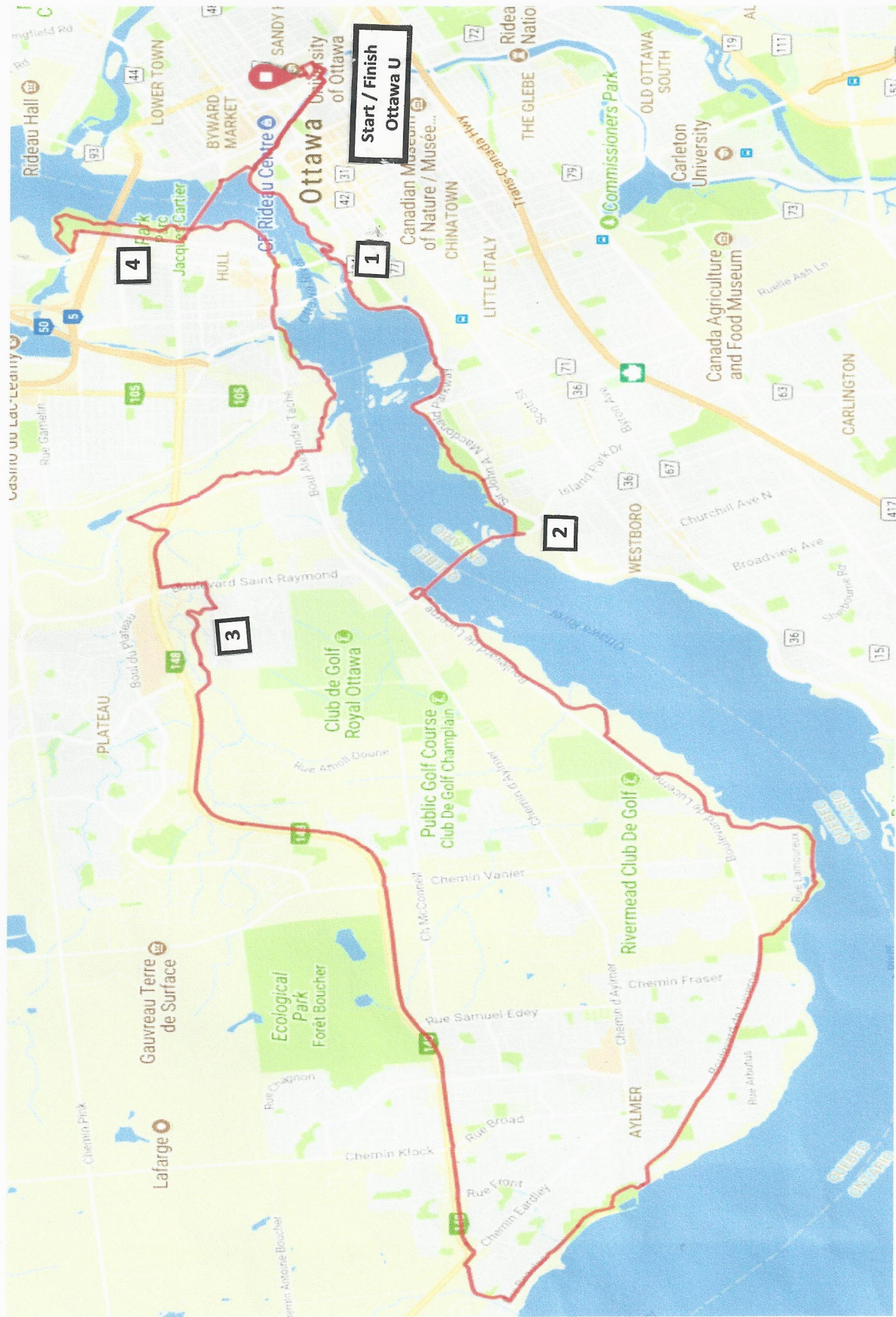
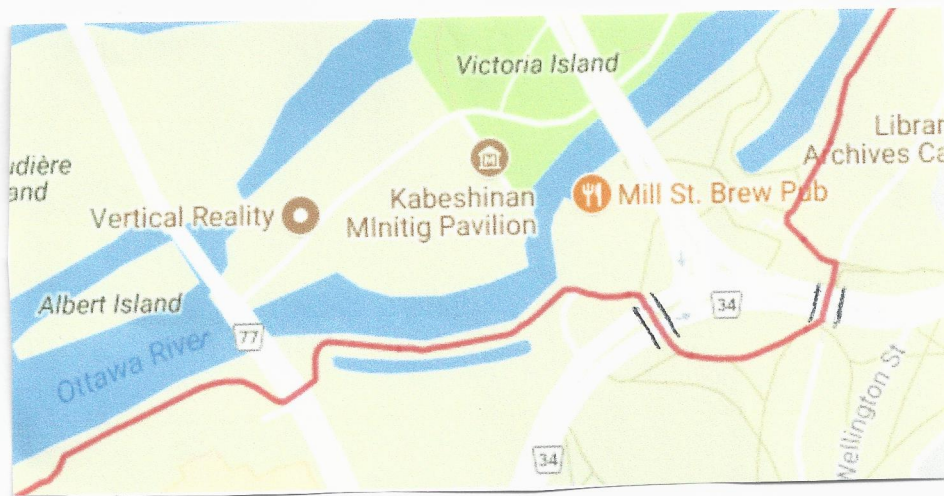


Pathways to the Gatineau - short route

(Dis - 47 kms / Elev - 391 m)



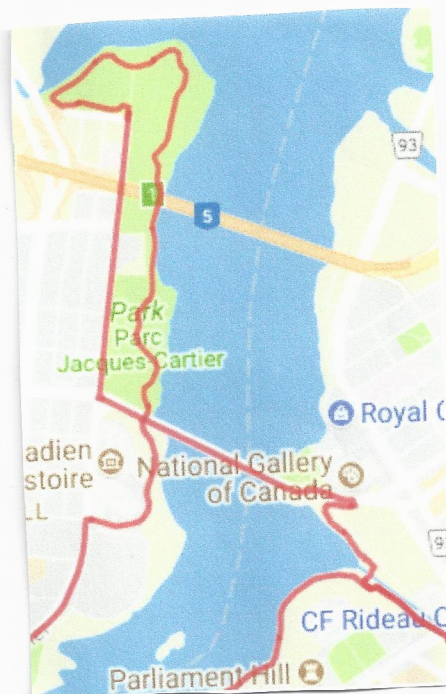
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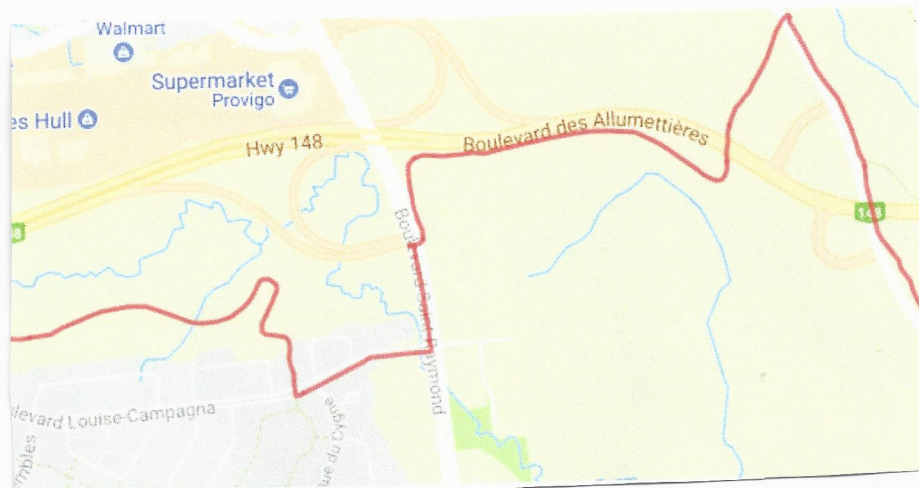
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3



Pathways to the Gatineau - Short Route		
47 Km Route - Elevation 391 M		
Leg	Total	
0.0	0.0	START Ottawa University Residence - 90 University Private
0.2	0.2	South on University Private towards the South West corner
0.1	0.3	Right down spiral path, through tunnel to Colonel By Drive
0.1	0.4	Cross Colonel By Drive, turn right and over to Corktown footbridge
0.2	0.6	Cross the canal via the footbridge, turning right (north) onto the Rideau Canal Western Pathway
1.0	1.6	Follow the Rideau Canal Western Pathway down to the start of the 8 locks to the Ottawa River (becomes Canal Lane)
0.4	2.0	Follow Canal lane down to the Ottawa River and on to the Ottawa River Pathway/Trans Canada Trail.
1.3	3.3	Left on to Ottawa River Pathway and over to the Wellington Street overpass
0.1	3.4	Left / Right through tunnel under the Wellington Street overpass
0.2	3.6	Right and through the tunnel under the Sir John A Macdonald Expressway and continue on the Ottawa River Pathway (note the Mill Street Brew Pub on the right for a future visit)
3.1	6.7	Continue on the Ottawa River Pathway to the "John Felice Ceprano Rock Sculptures". (Group picture)
1.4	8.1	Continue along the Ottawa River Pathway to the Champlain Bridge
1.4	9.5	Left / Right onto the bridge and over the Ottawa River to the Gatineaus. (Optional: A visit to Bate Island Park at the half way point of the bridge. Check out the Remic Rapids and maybe see some white water kayaking)
0.1	9.6	Right and wind your way down to the Voyageurs Pathway. (no need to cross the intersection)
5.4	15.0	Follow the Voyageurs Pathway to "The Deschenes Rapids". (Get your cameras out, probably some of the nicest views you will see today)
5.1	20.1	Continue along the Voyageurs Pathway to the Aylmer Marina and Park. (marina, beach, sailing club, restaurant, washrooms - great place for a stop.)
1.6	21.7	Continue along the Voyageurs Pathway to Chemin Lattion where the Pathway turns inland towards the Pionniers Pathway.
0.8	22.5	Right and up a hill to Chemin Eardley
0.1	22.6	Cross Chemin Eardley and enter the Pionniers Pathway which runs along Highway 148. (Pionniers Pathway is not well marked but take my word for it as long as you are beside Highway 148 you are on the correct path.)
4.5	27.1	Continue along the Pionniers Pathway to Chemin Vanier. (loads of fastfood restaurants here. Your last chance for a food / washroom stop before heading into the Gatineaus)
2.9	30.0	Continuing along the Pionniers Pathway, the path will start to move away from Highway 148.
2.0	32.0	Continue on the Pionniers Pathway to Boulevard Louise Campagna.
0.6	32.6	Left on to Boulevard Louise Campagna (bike lane) and down to Boulevard Saint Raymond.
0.2	32.8	Left onto Bike Path (runs up the left side of Boulevard Saint Raymond) and up to next intersection.
0.1	32.9	Right, crossing Boulevard Saint Raymond and enter on to the Pathway that will lead you to Gatineau Park.
1.0	33.9	Continue on Pathway, passing through a tunnel under highway 148, and over to the Gatineau Parkway
0.0	33.9	Cross the Gatineau Parkway and onto the "Sentier du Parc de la Gatineau" pathway.
1.9	35.8	Right (south) on to the Sentier du Parc de la Gatineau Pathway and wind your way down, exiting the park at the intersection of Boulevard Alexandre Tache and Rue Belleau.
0.2	36.0	Continue down Rue Belleau to the entrance on to the Voyageurs Pathway
1.9	37.9	Left onto the Voyageurs Pathway and east over to the path exit back onto Boulevard Alexandre Tache.
0.2	38.1	Immediate right back onto the Voyageurs Pathway and over to Rue Eddy. (carefull as lots of construction around the Eddy Match Factory)
0.5	38.6	Cross Rue Eddy and continue along the Pathway to Pont du Portage. (The Voyageurs Pathway is closed at this point due to major spring flooding along the Ottawa River. We have to move out on the sidewalk and continue along Rue Laurier)
0.7	39.3	Cross Pont Du Portage Street onto Rue Laurier and continue either on the street or sidewalk down to Rue Victoria.
0.3	39.6	Right onto pathway and down to Voyageurs Pathway behind the Museum of Canadian History.
2.5	42.1	Left on the Voyageurs Pathway, under the Alexandra Bridge, and circling through the Jacque Cartier Park around to Rue Laurier.
1.1	43.2	Right onto Rue Laurier and over to Alexandra Bridge

0.1	43.3	Cross at intersection to the right side of the Alexandra Bridge and proceed onto the bike path on the Bridge.
0.9	44.2	Continue along the Bikepath over the Alexandra bridge (million dollar view) to the entrance down to the Ottawa River Pathway. (This entrance is at the driveway into the "Tavern on the Hill" brew pub. Perhaps we should stop for a beer before heading back to Ottawa U.)
0.5	44.7	Drop down to the Ottawa River Pathway, over the lock gate and on to Canal Lane.
0.4	45.1	Left onto Canal Lane and up to the Rideau Canal Western Pathway at the top lock.
1.0	46.1	Continue on the Rideau Canal Western Pathway to the Corktown Foot bridge.
0.3	46.4	Left onto the Bridge and over to the canal
0.3	46.7	Right on path, cross Colonel By, thru the tunnel, up the Spiral and over to the Ottawa Residence.
		Congratulation, ride is over. Where is the nearest pub?