

	A very flat but scenic circle from Welland to Port Colborne and back, winding west along the Welland River, south through the village of Wainfleet and along the Old Feeder Canal down to Lake Erie at Long Beach, east along Lakeshore Rd to Port Colborne and back to Welland via the Welland Canal bike Trail.	
	Directions Start at Seaway Mall (Woodlawn Rd and Niagara St) in Welland - park close to Burger King	Acc Dis
).0 2.7	Right onto Woodlawn Rd, crossing over Niagara St and down to Clare Ave	2.7
2.0	Left onto Claire Ave and over to Fitch St	4.7
0.4	Right onto Fitch St and over to South Pelham Rd	5.1
2.6	Left on South Pelham Rd crossing Webber Rd, passed the golf course, to River Rd	7.7
3.3	Right on River Rd winding your way along the Welland River passing the Welland Airport and over to Reg Rd 24 (Victoria St)	15.9
2.1	Left on Reg Rd 24 (Victoria St) crossing over the Welland River and continuing down to Wilford Rd (just after Railway crossing)	18.0
8.0	Left on Wilford Rd and over to Gents Rd	18.8
2.1	Right on Gents Rd and down to Forks Rd / Reg Rd 23 (Forks Rd United Church to your left)	20.9
0.6	Left on Forks Rd and over to Mill Race Rd	21.5
2.6	Right on Mill Race Rd to Highway 3 in the Village of Wainfleet Left on Highway 3, crossing over the old Feeder Canal, to Feeder Rd West	24.
0.2		29.1
4.8 3.9	Right onto Feeder Rd West and over to Burkett Rd Left on Burkett Rd and down to Lakeshore Rd (Reg Rd 3) at Long Beach Conversation Park (public entrance down to beach)	33.0
3.6	Left on Lakeshore Rd and over to Brown Rd. (Great place for a break. Too early for lunch, but maybe a snack at "Concessi's	36.6
J.0	Market and Diner" or a game of miniture golf at the "Hungry Putter". Be sure to venture down Augustine Rd and check the sandy shoreline of Lake Erie at the Long Beach public beach. Its possible and recommended to circle along Augustine Rd dotted route) and back up onto the main Lakeshore Rd route. Check out the typical Lake Erie cottages along the way.)	
4.1	From Brown's Rd continue along Lakeshore Rd through Morgan's Point village merging (wide corner) onto Golf Club Rd	40.7
0.4	Continue up Golf Club Rd, back onto Lakeshore Rd	41.1
1.7	Right back onto Lakeshore Rd and over to Rathfon Rd	42.8
0.1	Right on Rathfon Rd and back down to Lakeshore Rd	42.9
4.5	Left back onto Lakeshore Rd and over to Tennessee Ave (Starting at Cement Plant Rd, watch for the "disappearing grain elevator optical illusion" as you approach Port Colborne)	47.4
0.9	Right on Tennessee Ave and over to Sugarloaf St	48.3
0.5	Right on Sugarloaf St, passed the Hospital and into "HH Knoll Lakeview Park" and "Sugarloaf Marina" on Marina Dr. (Hoping to link up with the Leisure Group at "Dawg's Burger and Ice Cream Palour" for a quick lunch. Explore the park and Marina area before moving on to the Welland Canal waterfront on West St.)	48.8
0.4	Leaving the park, go right back on to Sugarloaf St and over to West St	49.2
0.6	Left on West St and along the Canal water front to Clarence St. (Explore the shops and restaurants along West St and hopefully watch a ship entering of leaving the Welland Canal.)	49.8
0.1	Cross Clarence St onto Princess St, past the old railway station (now a restaurant) and over to King St	50.4
0.5	Right on King St over to Killaly St	
1.4	Right on Killaky St, over the Feeder Canal bridge and onto the bikepath, winding through the Lock 8 Gateway Park to Main St.	51.8
0.1	Cross over Main St and onto Ramey Ave, immediately turning right back onto the Welland Canal Bike path	51.9
0.6	Continue along the Welland Canal Bike Path, winding over to the foot bridge over the Feeder Canal	52.5
0.9	Right over the foot bridge, up across Omer Ave, continuing on the bike path behind the Robin Hood Flour Mill to the Welland Canal.	53.4
1.0	Continue along the Canal Bike path to the point where the Welland Canal splits into old canal veering left and wider new canal to the right	54.4
3.3	Continue along the bike path following the old Welland Canal to Forks Rd. (note the Flat Water rowing course as you approach the Dain City / Forks Rd bridge. Hopefully there will be a competition on)	57.7
2.0	Continue along the bike path down passed the South Niagara Rowing Club House and around to Canal Bank St. (Note the Welland International Flatwater Centre - South course on your right. Hopefully there will be a competition in progress as we pass by)	59.7
0.4	Left onto Canal Bank St and continue over the railway bridge, re-enterting the bike path just beyond Townline Tunnel Rd.	60.1
0.4	Cross to the west side of the canal stopping at the Welland International Flatwater Centre. (The WIFC was build for the 2015 Pam Am games and is used regularly for multiple flatwater National and International (canoing, kayaking, swimming, dragon boat racing, triathlons). Be sure to get a look at the training Paddle Tank. Hopefully there will be a competition in progress at the north course when we visit.)	60.5
2.3	Continue along the Welland Canal Bike path, crossing over Broadway Ave and down to Lincoln St.	62.8
0.3	Right onto Lincoln St, over the canal bridge and immediately left onto the east canal bank bike path.	63.5
0.8	Continue along the bike path down to the Division St bridge. (You will pass through Merritt Park as you approach the bridge. The Welland Canal floating Stage on the left and the Welland Historical Museum on the right are worth a stop.)	64.3
).4	Right onto Division St and an immediate left on to King St, crossing over Main St by the Main Street Lift bridge over to Cross St.	64.7
0.5	Left on Cross St, over the Welland River Viaduct and onto the Welland Canal Merritt Island trail. (check out the Viaduct where the Welland River crosses under the old Welland Canal.) From here the Welland River continues along the old canal and down to the new by-pass Welland canal where another Viaduct takes it under that canal. Merritt Island is bordered by the Welland Canal and River.	65.2
1.6	Continue along the Welland Canal Bike Path to the Woodlawn Rd exit. Cyclists have to veer to the right and under the Woodlawn overpass. Left onto the gravel exit on your left - walk your bike to the small exit gate onto Woodlawn Rd.	66.8
0.4	Exit up on to Woodlawn Rd, over the Welland Canal and back to the Seaway Mall. You have completed your ride! Hope you enjoyed	67.2

Well	and / Lake Erie Circle (DIS - 67 kms / Elev - 66 m)	
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