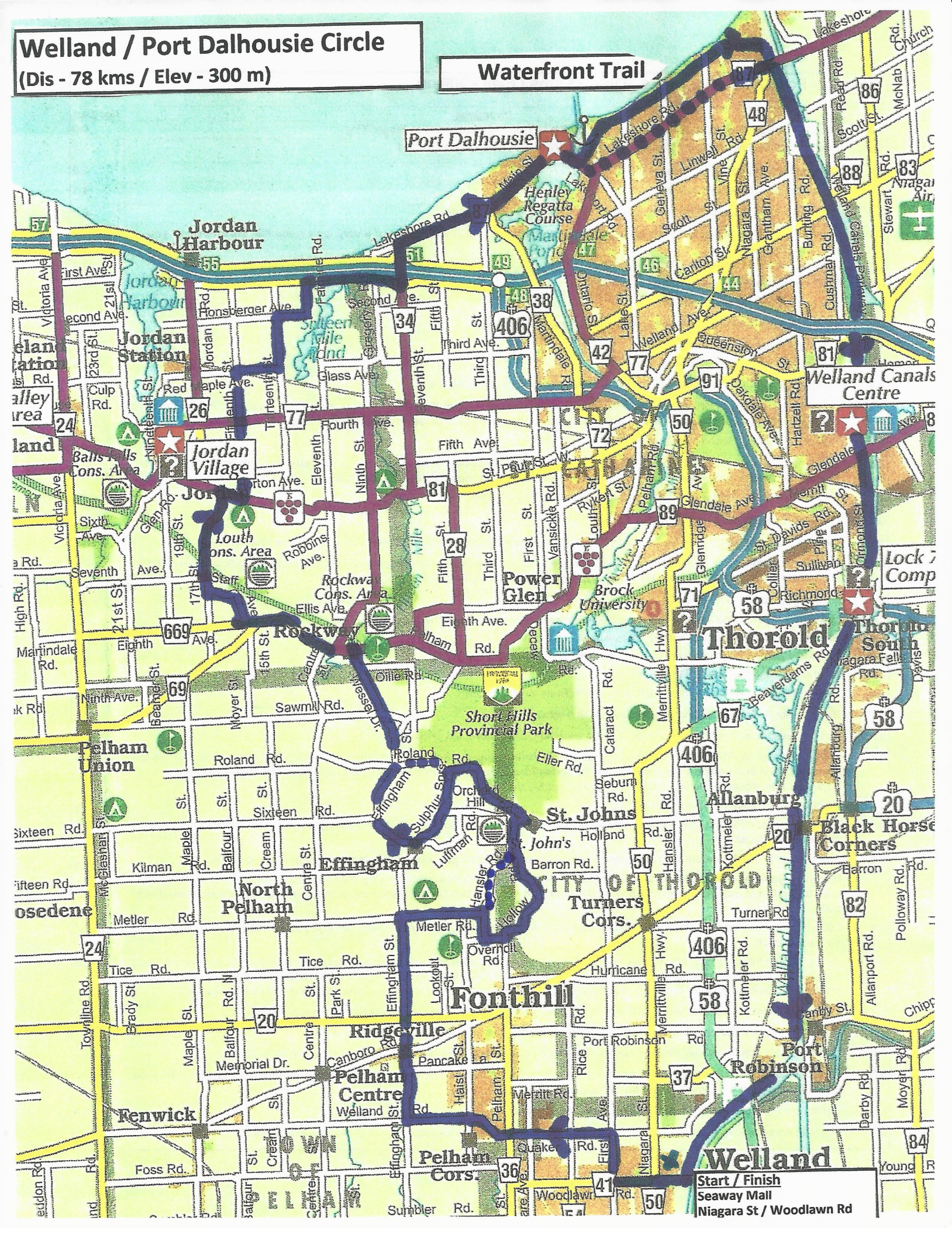


# Welland / Port Dalhousie Circle

(Dis - 78 kms / Elev - 300 m)

## Waterfront Trail





Welland / Port Dalhousie Circle (DIS - 78 kms / Elev - 300 m)		
	Directions	Acc Dist
0.0	Start at Seaway Mall (Woodlawn Rd and Niagara St) in Welland - park close to Burger King	0.0
1.0	Right onto Woodlawn Rd, over Niagara St to First St (Niagara College on the corner)	1.0
1.0	Right on First St and over to Quaker Rd	2.0
2.1	Left on Quaker Rd over to Pelham Rd	4.1
2.2	Continue across Pelham Rd, on to Welland Rd and over to Effingham St	6.3
4.1	Right on Effingham St and up to Metler Rd. <b>(Metler Rd intersection is at the bottem of a very long steep hill. Slow down or you will miss the turn. Might be a good idea to rest and regroup at top of hill and proceed together to Metler Rd)</b>	10.4
1.7	Right on Metler Rd and over to Hansler Rd	12.1
0.5	Right on Hansler Rd to Overholt Rd	12.6
0.4	Left on Overholt Rd to Pelham St	13.0
0.1	Left on Pelham St which turns slightly to the right and becomes Holland Rd	13.1
1.7	Turn right to stay on Holland Rd	14.8
1.5	Continue on Holland Rd to Rolland Rd	16.3
2.1	Sharp left at top of hill and onto Rolland Rd winding over to Sulphur Springs Dr	18.4
2.0	Left on Sulphur Springs Dr and wind your way over to Effingham St. <b>(Ingore the "No Exit" sign, meant for cars only. Part of the road has been washed out at about 3/4's of the way along, but you'll be able to get around the road block with the bike. Should regroup at the Road Block.)</b>	20.4
2.9	Right on Effingham St and over to Wessel Dr	23.3
2.0	Slight left onto Wessel Dr and over to Pelham Rd (Reg Rd 69) <b>("Rockway Gorge Lookout" rates a stop but you'll have to go to the parking lot to the right of the Communiy Centre to gain access through a Bruce Trail entrance. Good Picture views!)</b>	25.3
2.1	Left on Pelham Rd (Reg Rd 69) merging into Eighth Ave (Reg Rd 669)	27.4
0.2	Continue along Eighth Ave (Reg Rd 669) to Staff Ave	27.6
1.2	Right on Staff Ave and over to Seventeenth St. <b>(Flat Rock Cellar Winery on the corner of 7th and 17th St rates a visit)</b>	28.8
2.1	Right on Seventeenth St <b>(If a clear day, check out the view of Lake Ontario and hopefully Toronto Skyline)</b> continuing down the Escarpment to St Paul Street (Reg Rd 81). <b>(Stop sign at the bottom, be careful)</b>	30.9
0.5	Right on St Paul St to Fifteenth St	31.4
2.6	Left on Fifteenth St and down to Red Maple Ave <b>(immediately after the Railway crossing)</b>	34.0
0.9	Right on Red Maple Ave and over to Thirteenth St	34.9
1.1	Left on Thirteenth St and down to Honsberger Ave	36.0
1.0	Right on Honsberger Ave to Fairlane Rd	37.0
0.4	Left on Fairlane and down to the South Service Rd (Runs along the QE)	37.4
2.1	Right on South Service Rd and over to Seventh St (Highway 34)	39.5
0.8	Left on Seventh, straight through 2 traffic Circles over the QE and down to Lakeshore Rd	40.3
4.1	Right on Lakeshore Rd and over to Lock St (stop sign) in Port Dalhousie. <b>(Recommend lunch stop at the Kilt and Glover Pub on the corner of Main and Lock St. Be sure to visit the waterfront and ride the century old Carousel and if the lake level has fallen, hopefully bike down to the end of the breakwall to enjoy the view.)</b>	44.4
0.2	Right on Lock Street to Lakeport Rd (Lights)	44.6
0.4	Right on Lakeport Rd and over the Harbour bridges <b>(The Henley Rowing Course will be to your right) to the Waterfront Trail entrance just before Michigan Ave. Walk your bike down the ramp to the trail below the bridge)</b>	45.0
0.6	Sharp left and down onto the Waterfront Trail and follow it to Lighthouse Rd. <b>(Michigan Ave would also get you to Lighthouse Rd)</b>	45.6
	<b>If you are getting short of time and/or want to shorten the ride a fraction, you can skip the waterfront trail portion and proceed over to the Canal trail via Lakeport Rd and Lakeshore Rd. Its a bit shorter but also a much busier road. Highly recommend the trail.</b>	
0.4	Left on Lighthouse Rd for a short distance and back on to the Waterfront Trail. <b>If you hit the Marina, you've missed the Trail entrance so double back)</b>	46.0
6.0	Up the hill and follow the Waterfront Trail <b>(a combination of shoreline trails, park paths and quiet streets)</b> over to the Welland Canal Parkway at Port Weller. Look for the Waterfront Trail signs <b>(what there is of them!)</b> and enjoy the challenge in finding your way through the maze. Hopefully you will not get lost, but if you do, just drop down to Lakeshore Rd and proceed left over to the Canal trail.	52.0
0.1	Enter the Welland Canal Trail at the intersection of Lakeshore Rd and Welland Canal Parkway by the lock 1 bridge.	52.1
7.2	Continue along the Canal trail to the "Welland Canal / St Catharines Museum" at Lock 3 - <b>rates a visit.</b>	59.3
3.9	Continue along the Canal trail, climbing up the escarpment to the Lock 7 Viewing Complex at Thorold - <b>rates a visit.</b>	63.2
9.8	Continue along the canal trail to Allanburg bridge, crossing over highway 20 and on to Port Robinson <b>(Note the ferry at Port Robinson Road).</b> At this point the Canal splits to the old and new canals.	73.0
4.0	Continue on bike trail along the old Welland Canal to the Woodlawn Rd exit in Welland.	77.0
0.7	Exit right onto Woodlawn Rd and back to the Seaway Mall. <b>You have completed your ride! Hope you enjoyed it!</b>	77.7



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<b>0.0</b>	<b>Start at Seaway Mall (Woodlawn Rd and Niagara St) in Welland - park close to Burger King</b>	<b>0.0</b>
<b>1.0</b>	Right onto Woodlawn Rd, over Niagara St to First St (Niagara College on the corner)	<b>1.0</b>
<b>1.0</b>	Right on First St and over to Quaker Rd	<b>2.0</b>
<b>2.1</b>	Left on Quaker Rd over to Pelham Rd	<b>4.1</b>
<b>2.2</b>	Continue across Pelham SRd and on to Welland Rd and over to Effingham St	<b>6.3</b>
<b>4.1</b>	Right on Effingham St and up to Metler Rd. ( <b>Metler Rd intersection is at the bottom of a very long steep hill. Slow down or you will miss the turn. Might be a good idea to rest and regroup at top of hill and proceed together to Metler Rd</b> )	<b>10.4</b>
<b>1.7</b>	Right on Metler Rd and over to Hansler Rd	<b>12.1</b>
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<b>0.4</b>	Left on Overholt Rd to Pelham St	<b>13.0</b>
<b>0.1</b>	Left on Pelham St which turns slightly right and becomes Holland Rd	<b>13.1</b>
<b>1.7</b>	Turn right to stay on Holland Rd	<b>14.8</b>
<b>1.5</b>	Continue on Holland Rd to Rolland Rd	<b>16.3</b>
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<b>1.2</b>	Right on Staff Ave and over to Seventeenth St. ( <b>Flat Rock Cellar Winery on the corner of 7th and 17th St rates a visit</b> )	<b>28.8</b>
<b>2.1</b>	Right on Seventeenth St ( <b>If a clear day, check out the view of Lake Ontario and hopefully Toronto Skyline</b> ) continuing down the Escarpment to St Paul Street (Reg Rd 81). ( <b>Stop sign at the bottom, be careful</b> )	<b>30.9</b>
<b>0.5</b>	Right on St Paul St to Fifteenth St	<b>31.4</b>
<b>2.6</b>	Left on Fifteenth St and down to Red Maple Ave ( <b>Immediately after the Railway crossing</b> )	<b>34.0</b>
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<b>0.2</b>	Right on Lock Street to Lakeport Rd (Lights)	<b>44.6</b>
<b>0.4</b>	Right on Lakeport Rd and over the Harbour bridges <b>(The Henley Rowing Course will be to your right)</b> to the Waterfront Trail entrance just before Michigan Ave. <b>Walk your bike down the ramp to the trail below the bridge)</b>	<b>45.0</b>
<b>0.6</b>	Sharp left onto the Waterfront Trail and follow it to Lighthouse Rd. <b>(Michigan Ave would also get you to Lighthouse Rd)</b>	<b>45.6</b>
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<b>9.8</b>	Continue along the canal trail to Allanburg bridge, crossing over highway 20 and on to Port Robinson <b>(Note the ferry at Port Robinson Road)</b> . At this point the Canal splits to the old and new canals.	<b>73.0</b>
<b>4.0</b>	Continue on bike trail along the old Welland Canal to the Woodlawn Rd exit in Welland.	<b>77.0</b>
<b>0.7</b>	Exit right onto Woodlawn Rd and back to the Seaway Mall. <b>You have completed your ride! Hope you enjoyed it!</b>	<b>77.7</b>