Waterfront Trail; Lynde Creek to Pickering

Ride starts at Lynde Creek C.A., Whitby

0.0	0.0	\leftarrow	Victoria St. (caution - busy road!)
0.6	0.6	4	Halls Rd.
1.8	2.4	 -	gravel path
0.2	2.6	\leftarrow	gravel path (towards Lk. Ontario)
0.6	3.2	7	Ontario Blvd.
0.5	3.7	T	Waterfront Trail (unmarked)
0.5	4.2	4	Waterfront Trail (unmarked)
1.2	5.4	←	Shoal Point Rd.
0.1	5.5	4	Waterfront Trail (unmarked)
0.4	5.9	4	Waterfront Trail (unmarked) keep following Lake Ontario!
3.9	9.8	4	Duffin's Creek Bridge (town of Pickering)
2.0	11.8		Waterfront Trail
1.0	12.8	#	Waterfront Trail (at Brock Rd.) follow W-T signs for next 4.3 km!
4.3	17.1	4	Bayly Rd. busy road - follow sidewalk! (turn right for Tim Hortons!
0.7	17.8	4	Waterfront Trail (at Gingerbread Nursery Sch.) follow W-T signs for next 4.9 km!
4.9	22.7		Rouge Beach Park (city of Scarborough)

<u>Driving Directions to Lynde Creek</u> <u>Conservation Area</u>

*Highway 401 to Brock Rd., Whitby *South on Brock Rd. for 300 m to Victoria St.

*West on Victoria St. for 2.7 km.

*Look for Conservation Area sign on the south side of the road.

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Page 2 of 4 Toronto to Oshawa

> Kingston Road will be the worst that you will encounter between Toronto and Montréal!

 $^{24\ km}$ Guildwood train station (VIA and GO).



25 km Lawrence Avenue. After 12 km of battling the traffic along Kingston Road, you will arrive at the Lawrence Avenue intersection. Try and not miss this one since you need to turn right here. There is a McDonald's restaurant at the intersection, and if you notice the Morningside Mall you have gone too far! (In a further 2 km, Kingston Road becomes a divided highway that funnels traffic directly onto Highway #401). Lawrence Avenue starts off quite busy, but becomes progressively quieter as it heads east.

30 km Rouge Hill GO station. and much quieter.



Lawrence Avenue now becomes two lanes

By now you could be wondering if you will ever make it through the city to the Town of Pickering. If 30 km of urban cycling is not your cup of tea, there is an inexpensive alternative, and that is to take the 'GO Train' from Toronto's Union Station to the Rouge Hill station. You can take your bike on the train at most, but not all, times.

31 km Lawrence Avenue ends at Rouge Hills Rd., and straight ahead you will see The road ends at the road to the Rouge Beach Park. the Rouge River, but there is a pedestrian bridge across it.

- 32 km Turn right immediately after crossing the bridge and head under the train tracks, as this is where the Waterfront Trail recommences. You will, however, have to climb a few steps and traverse a 25 metre section of dirt before turning left on Bella Vista Road and then (almost immediately) right on Rodd Avenue. It is important that you follow the Waterfront Trail for the next 16 km, so be sure to watch for the blue/green signs!
- 33 km The Waterfront Trail heads into the Petticoat Creek Conservation Area and becomes a designated trail for the next kilometre.

34 km



Shortly after crossing Petticoat Creek on a desigated cycling/hiking bridge, the Waterfront Trail follows a mixture of quiet suburban streets and desigated trails along the west shore of Frenchman's Bay until it reaches busy Bayly Street.

- 36 km Bayly Street. For the next kilometre, you will have no choice but to follow busy Bayly Street as it heads east adjacent to Highway #401. There is, however, a footpath on the south side of the road that you may wish to use .
- 37 km Be sure to turn right on St. Martin's Street (and not on Begley Street) and then follow the Waterfront Trail as it winds its way through quiet residential streets en route to Lake Ontario.

39 km



When you reach Lake Ontario, you will find that there is a dedicated trail along the waterfront that takes you right past the largest wind turbine in North America. This wind turbine is part of the Pickering Nuclear Power Station complex

40 km Alex Robertson Community Park. Alex Robertson Community Park. and the Pickering Nuclear Generating



Toronto to Oshawa Page 3 of 4

Station. The Information Centre at the power station is open from Monday to Friday. Tours are possible, but must be pre-arranged by calling 905-837-7272. At the power station, there is an excellent paved bike path immediately north of the road.

41 km Brock Road. Here, the bike path crosses over to the south side of the road.

42 km The road ends, but the bike path continues to head east through a delightfully wooded area, very close to Lake Ontario.

44 km



Duffin's Creek, where you cross from Pickering to Ajax. Once in Ajax, you will find yourself riding on a paved trail almost on the edge of Lake Ontario. You will quickly realize that the City of Ajax has done an excellent job at preserving its Lake Ontario waterfront.

45 km Ajax Waterfront Park.



- 48 km The designated trail now heads north (away from Lake Ontario) for a short distance before merging with Shoal Point Rd. After 100 m of road riding (and shortly after crossing a bridge) look for the paved trail to resume on your right. If you come to Ashbury Blvd., you have gone too far!
- 50 km At the end of the housing development you will come to a fork in the trail. Continue to ride <u>east</u> along the (new and unmarked) trail that follows the Lake Ontario shoreline.
- 51 km The trail ends at Lakeridge Rd. where you turn left and head north, away from the lake.
- 53 km Turn right at the lights on to Durham Rd. 22 (Victoria Street). This is a very busy road with no paved shoulder, and you must travel east on it for the next 2 km. You are now in the town of Whitby
- 54 km Lynde Shore Conservation Area. Between here and Bowmanville there are numerous protected wetlands. Great if you are a bird watcher!

55 km



After battling the traffic of Victoria St. for 2 km, you will come to a set of lights and Seaboard Gate (a road), where you will turn right. Be sure to turn right again after cycling for a mere 200 m onto Whitby Shores Greenway, and in a further 200 m you will notice a paved trail to the right of the road. Follow this trail in the same direction (south-west) as you were riding.

- 56 km The paved trail now heads away from the subdivision and follows the marsh south towards Lake Ontario. You will find yourself riding between the lake and the Whitby Mental Health Centre (to the north).
- 58 km As you leave the Whitby Mental Health Centre lands, you should follow the paved trail on the right-hand side of the road (Gordon Street). In another 500 m, the Waterfront Trail turns east through parkland. Be sure to follow the Waterfront Trail signs all the way from here to Oshawa.
- **59** km Port Whitby harbour. Follow the Waterfront Trail signs through quiet residential streets for the next kilometre.
- **60** km The paved trail re-commences and becomes the Whitby Lions Promenade.
- 61 km Rotary Sunrise Lake Park (at Lake Ontario). The Waterfront

Trail leaves this scenic area by following a boardwalk along the beach.

After 300 m of boardwalk, you will reach Heydenshore Park.

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This is a delightful section as you have 6 km of dedicated trail that runs primarily through parkland.